## RECORD OF EXECUTIVE DECISION

Tuesday, 16 July 2024

**Decision No: (CAB 24/25 45335)** 

DECISION-MAKER: CABINET

PORTFOLIO AREA: Councillor Marie Finn

SUBJECT: Mental Health & Wellbeing Strategy

AUTHOR: Clare Bull, Casey Dunlop, Emily Walmsley

# THE DECISION

- (i) To approve the new Southampton Mental Health and Wellbeing Strategy and supporting documents.
- (ii) To approve delegation to the Director of Public Health to make minor changes to the strategy during its lifetime.
- (iii) To provide formal approval for the establishment of the Southampton Mental Health and Wellbeing Partnership.

#### **REASONS FOR THE DECISION**

The Southampton Mental Health and Wellbeing strategy has now been finalised, following the completion of the full strategy development cycle including engagement, drafting, public consultation, and refinement from feedback.

## **DETAILS OF ANY ALTERNATIVE OPTIONS**

- 1. Not having a city-wide Mental Health and Wellbeing Strategy for the city risks worsening the health of Southampton residents, increasing inequalities, and creating a wider impact on services downstream. There would also be impacts on the existing local suicide prevention work programme as the new strategy aimed to replace the local Suicide Prevention Plan 2020-2023 through inclusion as one of the six priorities.
- 2. Having only a strategy and detailed action plan for suicide prevention in Southampton (i.e. adopting only priority outcome 6: 'Working together to prevent suicide and self-harm and support those who are impacted' from the Mental Health and Wellbeing Strategy). The three-year Southampton Suicide Prevention Plan ended in 2023. To incorporate and refresh this plan, priority 6 of the new strategy is focussed on suicide prevention.

OTHER RELEVANT MATTERS CONCERNING THE RECISION	
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CONFIDENCE OF INTEREST	
CONFLICTS OF INTEREST	
None.	
CONFIRMED AS A TRUE RECORD	
We certify that the decision this document records was made in accordance with the Local Authorities (Executive Arrangements) (Access to Information) (England)	
Regulations 2000 and is a true and accurate record of that decision.	
Date:	Decision Maker:
	The Cabinet
	Proper Officer:
	Claire Heather / Judy Cordell
SCRUTINY	
Note: This decision will come in to force at the expiry of 5 working days from the date	
of publication subject to any review under the Council's Scrutiny "Call-In" provisions.	
Call-In Period expires on	
Date of Call-in (if applicable) (this suspends implementation)	
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Call-in heard by (if applicable)	
Describe of Calling ("Long")	
Results of Call-in (if applicable)	

Decision No:

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Forward Plan No: This record relates to on the agenda for the Decision-Making